



**Parent Preview Opt-Out Letter
ELEMENTARY SCHOOL**

THIS FORM MUST BE COMPLETED ANNUALLY

Dear Parent/Guardian:

We are pleased to provide the Reproductive Health lessons for our students in grades 4 and 5. This approved curriculum is presented by registered nurses. The goal of our program is to help the students to become healthy and responsible adults who are able to deal positively with their mental, physical, and social development. WE BELIEVE PARENTS ARE THE INITIAL AND FOREMOST EDUCATORS OF THEIR CHILDREN. The purpose of our curriculum is to **supplement** your efforts.

During this instruction, the topics below will be discussed and, as the parent/guardian, you have the right to opt the student out of either the entire curriculum or to opt out of specific lessons. Students who are opted out will not participate in the lessons/curriculum and will be given alternative work to do in a separate location in the school during the time that the lesson is being presented.

To review the curriculum content, please visit polkschoolsfl.com/humangrowthanddevelopment/. If you have any questions or want more information regarding the curriculum content, please contact your student's teacher or call the Health Services division of the Polk County Schools at (863) 291-5355 ext.3.

If you would like to opt your child out of any or all of this curriculum please complete and return this form to your child's school. This opt out form may also be completed online via the parent portal or by calling your child's school and requesting that they be opted out – the school will complete the web form for you.

Student's Name _____ Date of Birth _____

School _____ Grade _____

- I DO NOT WISH TO HAVE MY CHILD PARTICIPATE IN THE ENTIRE REPRODUCTIVE HEALTH LESSONS.

OR

- I DO NOT WISH TO HAVE MY CHILD PARTICIPATE IN THE FOLLOWING REPRODUCTIVE HEALTH LESSONS (MARK ONLY LESSONS TO OPT OUT OF).

Grade 4 Lessons/Topics (Mark ONLY Lessons to opt out of)

- Lesson 1 Topic: Being Healthy - Puberty (Boys and Girls are taught separately and only about their own gender)

Grade 5 (Mark ONLY Lessons to opt out of)

- Lesson 1 Topic: Endocrine System
 Lesson 2 Topic: Puberty for Girls/Puberty for Boys (Boys and Girls are taught separately and only about their own gender)
 Lesson 3 Topic: Your Immune System
 Lesson 4 Topic: HIV/AIDS

Parent/Guardian Signature

Date

The mission of Polk County Public Schools is to provide a high quality education for all students.

The School Board of Polk County, Florida, prohibits any and all forms of discrimination and harassment based on race, color, sex, religion, national origin, marital status, age, homelessness, or disability or other basis prohibited by law in any of its programs, services, activities or employment. To file concerns, you may contact the Office of Equity & Compliance in the Human Resource Services Division at (863) 534-0513. If you require any type of accommodation to complete the application process due to a disability, please call the Human Resource Services Division at (863) 534-0781. If you are deaf or hard of hearing, please contact the Polk County School District by calling Florida Relay Service at 1-800-955-8771.

Revised 01/2022